

Acne Questionnaire

Lesson Title: Skin Care: Acne

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Name: _____

Now go to **MEDLINEplus X-Plain Patient Education Institute**

<http://www.nlm.nih.gov/medlineplus/tutorials/acne/htm/lesson.htm> to learn more about acne. Click on the "Instructions" icon to learn how to use and click through this website. When you're ready to begin, click the "Start the Module" icon. As you read through each of the sections, answer the questions below. Be prepared to discuss what you have learned when you are finished.

Anatomy

What is sebum? How is it produced?

What is the pilosebaceous unit?

Acne

What is acne?

When does acne occur?

What causes a pimple to burst?

In what age range does acne most often occur? At what age does it usually clear up?

Causes

What are the main factors that cause acne?

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What are androgens? What role do they play in causing acne?

How do hormone changes in girls influence acne development?

What other factors can cause an outbreak?

Symptoms

What are comedones?

What is the difference between whiteheads and blackheads?

What are cysts?

Treatment

What type of doctor specializes in diseases and disorders of the skin?

What are the goals of acne treatment?

How do acne medications work?

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What side effects can acne medication cause?

What is isotretinoin? What other treatments for acne are available?

Skin Care

What approach is recommended for washing your skin?

What is suggested about touching or squeezing blemishes?

What effect can tanning have on your skin in general?

What is important to remember about cosmetics and hair products?
