

## Acne Myths

Lesson Title: Skin Care: Acne

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Name: \_\_\_\_\_

Go to the *Bursting myths about acne* article at

<http://cnnstudentnews.cnn.com/HEALTH/diet.fitness/9910/06/diet.acne.wmd/index.html>

**When you are finished, answer these questions.**

What measures did Grant take to control his acne problem?

According to the article, what really causes acne?

Are young males or females more likely to have severe acne?

What are blackheads? Whiteheads? Papules? Pustules? Nodules?

What other myths about acne are revealed in this article?

What treatment is recommended for mild-to-severe cases of acne?

What approach is suggested to help prevent the spread of acne?